

THE HUNTER CENTRE Supporting those living with DEMENTIA

Spring 2024

With summer just around the corner, the lovely garden here at The Hunter Centre is coming to life again.

The clients and staff are looking forward to being able to sit in the summer house or on the patio and enjoy some sunshine.





We are pleased to advise of a new addition to the team: Tricia Slater has joined us as a Dementia Adviser.

Tricia will support mainly those newly diagnosed with dementia who do not feel ready to contact The Hunter Centre, but also those who we currently support. The intention is that this new service will fill the gap left by the demise of local authority funded Dementia Navigators in the Haslemere, Hindhead and Grayshott area. Tricia has over 12 years' experience working with families who are living with dementia, including several years working for the Alzheimer's Society as a Dementia Navigator. She has personal experience of looking after a family member with dementia too, so well understands the challenges a carer can face.

Tricia will work with a range of local services such as surgeries and Community Mental Health Teams who are in a position to refer newly diagnosed people to us, or she can be contacted directly on advice@thehuntercentre.co.uk after 2nd April.

The Welcome Club - Carers' Support

The Carers' Support group continues to go from strength to strength.

The Welcome Club operates on a Tuesday afternoon, 1.30 – 3.30pm. You can attend either on your own or with the person you are caring for.

There are a variety of activities on offer, including monthly lunch groups, exercises, and outings, as well as visits from professionals such as Admiral Nurses and local Citizens Advice.

For more information, please contact Denise.

01428 654710

deputy@thehuntercentre.co.uk

Charity Bridge Tea

Friday 22nd March 2024

We had a full house for our annual charity bridge tea that was, once again, wonderfully organised and run by Sue Stathers.

84 keen players joined us in Fernhurst Hall for an afternoon of bridge and tea with friends. Prizes were won and plenty of tea and tasty sandwiches and cakes were prepared and served by our team of helpers.

Our thanks go to Sue, to the team who helped the day run so smoothly and of course to everyone who supported the work of The Hunter Centre by putting together a bridge table and supporting the raffle so generously.

Proceeds from the event raised over £1700 which will be used to fund activities we run in the Day Centre.





<u>Dementia Action Week</u> <u>13th – 19th May 2024</u>

We have a full programme of events for DAW this year. Please find details below:

Monday 13th May

Dementia Bus

Haslemere High Street Carpark

10am – 4.30pm

This is a simulator that gives a brief insight into what a person with a diagnosis of dementia might experience. The visit only lasts approximately 10 minutes – come along and give it a try.



Haslemere Museum,

The museum in the High Street, Haslemere will be open 10.30am – 12.30 pm for those living with dementia to visit and reminisce over their display of old toys and memorabilia.

Tuesday 14th May Carers' information day.

Marjorie Gray Hall, Grayswood Road.

Dementia Information session

10.30 - 11.30

These informal information sessions are open to any individual, group or business wishing to understand something about dementia and how your small actions can make a difference for people living with dementia in your community. The sessions are interactive and delivered in a relaxed and informal environment, lasting approximately 1 hour.

12.30 - 3.30pm

We will be offering a mini carers' fair where a selection of organisations who are able to offer advice and support for carers will have a stand in Marjorie Gray Hall for the afternoon. You will be able to talk to:

Admiral Nurses
Care UK
Waverley Hoppa
Citizen's advice.
Social prescribers
Action for Carers

Refreshments will be available.

Wednesday 15th May The Hunter Centre Open Evening

Marjorie Gray Hall, Grayswood Road,

7pm

The Chairman of The Hunter Centre, Mrs Anne Downing will give a brief update on developments at the Hunter Centre in the last year and she will be followed by our guest speaker, Mrs Jackie Jones from Stroke Association. Jackie will give a talk about strokes and the possible connection with/link to dementia. Refreshments will be available afterwards and the opportunity to socialise with Trustees, staff and other supporters.

Thursday 16th May

Grayshott Kindness Café

Grayshott Parish Council will be launching this new cafe

Grayshott Village square, 10am – 12 noon.

We will be there for advice and support.

The Kindness Café is a new relaxed, informal and free drop in café providing companionship, information and support for all. Dementia-friendly and inclusive!

The first Wednesday of every month Starting Wednesday June 5th 10am - 11.30am Grayshott Sports Pavilion GU26 6LS

Sunday 19th May

Grayshott Traditional Village Fete

Recreation Ground, Beach Hanger Road, Grayshott

2-5 pm

Grayshott Parish Council will be holding a traditional village fete, with a classic car show, dog show, games for the children and refreshments. There will be fun for all the family.

The Hunter Centre will be there running the bottle tombola, so any donations will be appreciated - anything from a bottle of fizz to a bottle of shampoo!!

There will also be a marquee where the emphasis will be on 'Memories'. Lois Proud from Haslemere Museum will be there with some of the old traditional toys that they have on display at the museum. Local children are also being encouraged to take along and show any old toys they may have from their parents or grandparents.



Online shopping.

You can donate at no extra cost to you on Easyfundraising.co.uk who donate when you shop on sites such as Ebay, John Lewis, Selfridges and M&S.

You just need to choose <u>The Hunter Centre</u> when you register.

Also, we now have a QR code if you wish to donate. This is linked directly to our fundraising account. Just scan the code using a compatible smart phone.



For more information about anything you've read here or for dementia advice, please contact Elaine Clement, Operations Manager 01428 654710

<u>manager@thehuntercentre.co.uk</u> www.thehuntercentre.co.uk

You can find us on Facebook or Instagram – The Hunter Centre – Haslemere

The Hunter Centre is a charity registered in England with Charity number 1173587 and its address for service is Unit 7 Index House Midhurst Road Liphook Hampshire GU30 7TN